

## **ASCENT Daily Schedule (Bitterroot Hybrid/Spike Camp Adventure)**

*This program is 4 days, 3 nights in the Lolo/Stevensville/Bitterroot areas, and is designed to expand the student's knowledge of area-specific recreational opportunities, flora and fauna, and to instill a sense of stewardship for our wilderness areas. Day one includes Base Camp set-up, preparatory learning, and a tour of the nearby wildlife refuge, while the last three days will include multiple day-hiking experiences, water activities, rock climbing/rappelling, and multiple wilderness and stewardship learning opportunities. One group leader, two field instructors, and multiple volunteers will be accompanying the group. All leaders and volunteers are professionals of the community with much backpacking and wilderness experience. Professionals will be equipped with GPS and handheld radios for communication and safety purposes.*

### **Day 1-**

10:00-12:00 - Introductions, equipment explanation and use. Buddy System Explanation. Food and Equipment Prep. Expectations of program, Base Camp Set Up, Camp Area Cleanliness and Camping Etiquette Discussion  
12:00-1:00 - Stove use and safety, calorie vs. energy discussion, lunch  
1:00-2:30 - LNT / Wilderness and bear safety discussion with FS  
2:30-3:30 - Pack Day Packs / Water safety/ Travel/float to wildlife refuge.  
3:30-4:30 - Tour Wildlife refuge / wildlife refuge/conservation discussion  
4:30-6:00 - Dinner and human impact discussion.  
6:00-7:00 - Head back to base camp  
7:00-8:30 - Free time with coordinator supervision, firewood gathering, water filtration/next day prep  
8:30-9:30 - History of tribal lands discussion with SKT. Next day agenda, Campfire talk  
9:30 - 10:30 - Tent time!

### **Day 2-**

7:00-9:00 - Wake, breakfast, campsite clean-up, food storage, hygiene, water prep  
9:00-10:00 - Daily session explanation, packing day packs, preparing for a day in the wilderness, group hiking safety  
10:00-12:00 - Travel to Snowshoe Falls and "The Heap". Water erosion / knots/belaying/climbing/safety  
12:00-3:30 - Climbing/Belaying/Lunch.  
3:30-6:00 - opt. Lolo Hot Springs/Free time at Camp  
6:00-7:00 - Dinner, clean-up, night prep (firewood, tent prep)  
7:00-8:00 - Free time with coordinator supervision, firewood gathering, water filtration/next day prep.  
8:00-9:30 - Multi-use and Wilderness/Campfire Talk.  
9:30-10:30 - Tent time!

### **Day 3-**

7:00-10:00 - Wake, breakfast, campsite clean-up, food storage, hygiene, water and spike camp prep  
10:00- 1:00 - Travel to Painted Rocks Reservoir. Opt. Spike Camp Setup.  
12:00-1:00 - Lunch  
1:00-5:00 - Fly fishing, Kayaking and Water Safety, Water Conservation, Reservoir and water management lesson  
6:00-7:00 - Dinner  
7:00-8:00 - Camp Clean-up, night prep (obtaining firewood ethically, hanging food, tent prep, flashlights)  
8:00-9:00- Campfire whole group discussion- Importance of correct water management and its connection  
9:00 - Tent time!

### **Day 4-**

8:00-10:00 - Wake, breakfast, campsite tear-down, gear checks, hygiene, water prep  
10:00-12:00 - Group Discussion - Fish identification/regs/aquatic entomology kick-netting in Bitterroot w/bio.  
12:00-1:00 - Lunch  
1:00-4:00 Kayaking/Canoeing/Floating/Wading  
4:00-5:00 - Dinner, Camp Synopsis/Connection discussion  
5:00-6:00 - Camp tear down/sweep, Camp Evaluations  
6:00 - Camper Pick-up