

## **ASCENT Daily Schedule (Bull River Base Adventure)**

*This program is 4 days, 3 nights at Bull River Pavilion, and is designed to expand the student's knowledge of area-specific recreational opportunities, flora and fauna, and to instill a sense of stewardship for our wilderness areas. Day one includes Base Camp set-up, preparatory learning, and a short hike, while the last three days will include multiple day-hiking experiences, water activities, and multiple wilderness and stewardship learning opportunities. One group leader, one field instructor, and multiple volunteers will be accompanying the group. All leaders and volunteers are professionals of the community with much backpacking and wilderness experience. Professionals will be equipped with GPS and handheld radios for communication and safety purposes.*

### **Day 1-**

10:00-12:00 - Introductions, equipment explanation and use. Buddy System Explanation. Food and Equipment Prep. Expectations of program, Base Camp Set Up, Camp Area Cleanliness and Camping Etiquette Discussion  
12:00-1:00 - Stove use and safety, calorie vs. energy discussion, lunch  
1:00-2:30 - LNT / Wilderness and bear safety discussion with FS  
2:30-3:30 - Pack Day Packs / Travel to Kootenai Falls  
3:30-4:30 - Hike to Kootenai Falls  
4:30-6:00 - Dinner and History of the Falls Discussion. Hike out.  
6:00-7:00 - Head back to Campground  
7:00-8:30 - Free time with coordinator supervision, firewood gathering, water filtration/next day prep  
8:30-9:30 - Campfire safety discussion with Forest Service Personnel, S'mores, Next day agenda, Campfire Stories  
9:30 - Bed!

### **Day 2-**

7:00-9:00 - Wake, breakfast, campsite clean-up, food storage, hygiene, water prep  
9:00-10:00 - Daily session explanation, packing day packs, preparing for a day in the wilderness, group hiking safety  
10:00-12:00 - Travel to Ross Creek Cedars. Old Growth/Riparian Talk and Tour of the Cedar Forest w/SPWA.  
12:00-3:30 - Lunch in the cairn forest. 2 mi. Day Hike.  
3:30-6:00 - Back to Base Camp. Camp/Dishes Clean-up/Free Time (swimming/fishing)  
6:00-7:00 - Dinner, clean-up, night prep (firewood, hanging and storing food, tent prep)  
7:00-8:00 - Free time with coordinator supervision, firewood gathering, water filtration/next day prep  
8:00-9:30 - Multi-use and Wilderness, Trail etiquette, Mountain Goat appreciation, and Trail Maintenance.  
9:30- Tent time!

### **Day 3-**

7:00-9:00 - Wake, breakfast, campsite clean-up, food storage, hygiene, water and day pack prep  
9:00- 12:00 - Travel to Mountain Lake trailhead and Hike!!  
12:00-1:00 - Lunch  
1:00-6:00 - Fly fishing lesson, Hike out and return to Base Camp  
6:00-7:00 - Dinner  
7:00-8:00 - Camp Clean-up, night prep (obtaining firewood ethically, hanging food, tent prep, flashlights)  
8:00-9:00- Campfire whole group discussion-Mammalogy  
9:00 - Tent time!

### **Day 4-**

7:00-11:00 - Wake, breakfast, campsite tear-down, gear checks, hygiene, water prep  
11:00-12:00 - Group Discussion (Fish identification/regs/aquatic entomology Kick netting up the Bull River.  
12:00-1:00 - Lunch  
1:00-5:00 - Kayaking/Canoeing/Floating/Wading  
6:00-7:00 - Dinner, Camp Synopsis/Feedback  
7:00-8:30 - Camp tear down, LNT recap, Camp Evaluations  
8:30 - Camper Pick-up