

ASCENT Daily Schedule Fishtrap Lake Adventure

This program is designed to last 4 days. The first day will be basic skills and preparatory learning, while the last 3 days will include water lessons / activities, natural discovery lessons, day hikes, and a day backpacking trip. A group leader and a few volunteers will be accompanying the group, both volunteers are professionals of the community with much backpacking and wilderness experience.

Day 1-

9:30 am - Arrive at Thompson Falls Junior High Gym. Introductions, equipment explanation and use.
10:00-12:00 - Travel to Fishtrap Lake
12:00-1:00- Lunch
1:00-3:00- Setting up camp / camp introductions and procedures
3:00-5:00- Bear Safety, Leave no trace Lessons FWP
5:00-7:00- Dinner
7:00-9:00- Hike Fishtrap lake, water lessons and activities
9:00- Tent time!!

Day 2-

7:00-10:00- Wake, breakfast, campsite clean-up, food storage, hygiene, water prep
10:00-12:00- Aquatic species lessons - invertebrates, entomology, etc.
12:00-1:00- Lunch
1:00-5:00- Hike and Fossils lesson on Radio Creek with Doug Padden, Trail Work with Mikey Church, FS
5:00-7:00- Dinner, clean-up, night prep
7:00-8:00- Firewood gathering/water filtration/next day prep
8:00-9:00- campfire whole group discussion (leave no trace, food and energy consumption, fire and bear safety, packing light, what tree?)
9:00 - Tent time!

Day 3-

7:00-10:00- Wake, breakfast, campsite clean-up, Pack Day Packs, water prep
10:00-11:00- Travel to Terrace Lake trailhead
11:00-1:00- Hike to Terrace Lake
1:00-2:00- Lunch
2:00-5:00- fishing, berry picking, Mountain Goat Spotting
5:00-6:00- Dinner
6:00-8:00- Hike out
8:00-9:00- Back to Camp
9:00- Tent Time!

Day 4-

7:00-10:00- Wake, breakfast, campsite clean-up, water prep
10:00-12:00- Water Activities - Fishing, Kayaking
12:00-1:00- Lunch
1:00-3:00- Campsite Teardown / Clean Up / Evals
3:00-5:00- Travel Back to Pick-Up
5:00- Camper Pick-up